

# Fast Today to Change Tomorrow



## B1 PARTICIPANT

Name: \_\_\_\_\_ Church: \_\_\_\_\_ Advance Project I'm supporting: \_\_\_\_\_  
(100 percent of each donation reaches the project you choose through The Advance!)

#1 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#2 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#3 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#4 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#5 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#6 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#7 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
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#9 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
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#10 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#11 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
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#12 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
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#13 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
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#14 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#15 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#16 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#17 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#18 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#19 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

#20 Name: \_\_\_\_\_ Donation amount: \$ \_\_\_\_\_  
 Donation collected

Make Checks payable to: \_\_\_\_\_  
(Donations are tax-deductible)

Youth Leader's Name: \_\_\_\_\_

## How Does It Work?

### Love

**Commit to B1.** Fasting takes many forms. Your group can hold a 24-hour fast, fast from media for the week, or engage in another activity that enables your group to best be in solidarity with the poor.

### Justice

**Learn** about poverty and the Advance projects your group can fundraise for. These projects work daily to empower local communities...now you're a part of that work too!

### Hope

**First set an awareness goal.** This is the number of people you want to tell about B1, what your youth group is doing, and how you're called to make a difference in our world and in yourself.

**Next set a fundraising goal.** This is the amount of money you hope to raise to make a difference through the work of the Advance project your group chooses. Think big with both of these goals. Think creatively about the ways you ask people for money.

**Now decide what you will give.** Will you be the first name on your own sponsor envelope?

**Collect the money from your sponsors** before your youth group's B1 event. Remember to thank your sponsors for being one with you and your sisters and brothers around the world.

### Service

**Attend your fasting event.** Soak it all in so you can go back and tell your sponsors about what you learned.

### Joy

**After your event, thank your supporters and sponsors.** Tell them about your experience, ways you were challenged, and ways you were changed...and keep changing!

**The work's not done...**continue to learn and work for justice.



B1 is a part of The Advance, the designated giving arm of The United Methodist Church that ensures that 100 percent of your gifts reach your intended ministry. The Advance is a part of the General Board of Global Ministries.

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