

OKLAHOMA UNITED METHODIST CHEMICAL DEPENDENCY MINISTRIES

VIDEO LIBRARY

The following videos are available to check out to individuals and local congregations
You may reserve your request by calling
405.530.2010 or email cdm@okumc.org

ADDICTION AND THE ELDERLY (Kelly Productions, Inc.) **VHS**
Father Martin, a leading authority in the prevention field and an outstanding speaker, talks about chemical dependency in the elderly and how they are often mis-diagnosed. The video consists of lectures, interviews, and dialogues with individuals concerning their experience. 45 Minutes

ADDICTION IN THE FAMILY, THE DOMINO EFFECT (Claudia Black) **DVD**
Addresses three areas that impact the family, Powerlessness, Unmanageability, Tough Love. 28 Minutes

ADDICTION: NEW KNOWLEDGE. NEW TREATMENTS. NEW HOPE (HBO Documentary) **DVD**
This 14-part series is aimed at educating America about addiction as a brain disease and its treatment. This documentary addresses different aspects of the disease in order to shed light on the most current, promising developments in the field. Through personal stories from addicts and the loved ones who struggle to help them find treatment, common misconceptions are replaced by insight into addiction's complexity. There are interviews with noted authorities on the subject of addiction and co-occurring psychiatric disorders as well as the most effective treatments.

The Addiction Project **Saturday Night in a Dallas ER** **A Mother's Desperation**
The Science of Relapse **The Adolescent Addict** **Brain Imaging**
Opiate Addiction: New Medication **Topiramate: New Clinical Trial** **Insurance Woes**
Steamfitters Local Union 638

ADDICTIVE RELATIONSHIPS (Claudia Black) **VHS**

Tape 1: The Players and the Personalities
Defines the characteristics of addictive relationships and the traits that lock the partners together.

Tape 2: Relationship Styles
Reviews the characteristics of three relationship styles

Tape 3: The Relationship Building
Five levels of intimacy, casual communication, companionship, friendship, romantic and committed love.

A HUNGER FOR HEALING (Keith Miller, Christian Family Video) **VHS**
Dynamic small-group video series: Miller shares how the 12 Steps can break down walls built by pain, loneliness, fear, and damaged relationships. Discussion guide included. Twelve (25 Min. Segments)

AL-ANON (Al-Anon Family Group Inc.) **VHS**
Hope and help for families and friends of alcoholics.

ALATEEN TELLS IT LIKE IT IS (Al-Anon Family Groups) **VHS**
Told by children from alcoholic families and created from the sharing of teenagers in Alateen.
Designed to attract teenagers in need of help by providing them with information on the 12-Step program. 16 Minutes

ALCOHOL AND DRUG ABUSE (2000, Healthscope) **VHS**
This film demonstrates the physical and psycho-emotional destruction caused by chemical dependency. Patients in various stages of recovery discuss with their physician their problems with alcohol and drug use; the impact of the disease on family members, friends and society.

ALCOHOL AND DRUGS, BODY & MIND: THE MEDICAL CONSEQUENCES (FMS) **DVD**
Dr. John Keppler illustrates what happens to our bodies when we abuse alcohol and drugs, how drugs produce the effects of a high and what price we pay for abusing drugs. Issues of tolerance, dependency and cravings are discussed. 42 Minutes

ALCOHOL: A WOMEN'S HEALTH ISSUE (NIAAA) **VHS**
Office of Research on Women's Health, 2002 12:25 Minutes

ALCOHOL-BRAIN UNDER THE INFLUENCE (1998, Tapeworm Studio) **VHS**
Factually-presented, this shows just what alcohol does to the brain, without sensationalizing it. Effective, clear diagrams, as well as silly re-enactments of office parties and school football games; shows how reaction, judgment, balance and other aspects of the brain are affected by alcohol. The message at the end: know your limits. 43 Minutes

ALCOHOLISM AND THE FAMILY (FMS Productions) **VHS**
Father Martin, known for his sense of humor, puts much of it aside on this sensitive issue. Father Martin pleads for the treatment of all those affected by this family disease. Since the family of the drinking alcoholic is as sick as the alcoholic, the family must also get well. 45 Minutes

ALCOHOL: THE SUBSTANCE, THE ADDICTION, THE SOLUTION (Hazelden) **DVD**
Part 1- The Disease 20 Minutes
Learn about the symptoms of alcoholism (loss of control and denial) and the effects of alcohol on the brain and body.
Part 2- Getting Better 20 Minutes
Messages of hope through personal recovery triumphs.

ALONE IN THE DARK (Gateway Films) **VHS**
Drama on teenage drinking and driving. The driver of an accident is forced to see the devastating consequences of the choices she made. This video is designed for youth to provoke sober thinking about the use of alcohol and how moral choices affect our lives. A biblical guide is included to promote discussion on how our actions have consequences and how moral choices affect our future. 27 Minutes

BIG GAMBLE (CBS News; 60 Minutes) **DVD**
Documentary on Gambling Addiction

BINGE DRINKING (1999, Educational Video Network)	VHS
Drinking too much too fast can be deadly. Irresponsible behavior and alcohol just don't mix. Learn the truth about alcohol and understand its dangers. You'll find out how long it takes for your liver to process an alcoholic beverage and what you should do if you ever happen to be with someone who has developed acute alcohol poisoning.	19 Minutes
BINGE DRINKING AND YOUTH; WHAT EVERYONE NEEDS TO KNOW (Produced by the US Department of Mental Health and Human Services)	VHS 60 Minutes
BIO-PSYCHO-SOCIAL MODEL OF ADDICTIVE DISEASE (Herald House)	VHS
Description of how the toxic effects to the brain from alcohol and other drugs abuse cause psychological and social problems.	30 Minutes
CARTOON ALL-STARS TO THE RESCUE (Buena Vista Home Video)	VHS
A powerful story from a younger sibling's viewpoint of a teenager dealing with drug and alcohol abuse. Some favorite cartoon characters will help you understand how drugs and alcohol can ruin your life.	30 Minutes Ages 5 – 12
CAT WHO DRANK AND USED TOO MUCH, THE (FMS Productions)	VHS and DVD
This is a delightful tale that deals with addiction in a positive, non-threatening way. This video is the perfect teaching tool for expanding addiction process. It is a great discussion starter.	12 Minutes Children and up
CHALK TALK ON ALCOHOL (FMS Productions)	DVD
Straight talk with a sense of humor from Father Joseph Martin.	
CHEMICAL DEPENDENCY: A DISEASE OF DENIAL (Hazelden)	VHS
View of denial as a disease of the addiction	20 Minutes
CLOSE TO HOME: A FIVE PART SERIES (Films for the Humanities & Science)	VHS & DVD
PORTRAIT OF ADDICTION (Part 1)	57 Minutes
Nine men and women recovering from drugs and/or alcohol tell their stories from varied backgrounds; they leave little doubt that addiction and recovery can happen to anyone.	
THE HIJACKED BRAIN (Part 2)	57 Minutes
Brain scanning and genetic research to support the theory that addiction is a chronic relapsing brain disease and those genes have an influence on alcoholism.	
CHANGING LIVES (Part 3)	81 Minutes
The aim of treatment is changed behavior, but recovery is very individualized, so this program visits two different types of treatment programs.	
THE NEXT GENERATION (Part 4)	57 Minutes
Two prevention efforts aimed at family and community. The first, for parents addicted to heroin. The second, school counselors watch for kids at risk of becoming drug addicts, and offer immediate counseling for those already addicted. Addresses nicotine addiction; interviews with school officials, counselors and students.	

THE POLITICS OF ADDICTION (Part 5)

57 Minutes

Arizona's struggle to change public policy for non-violent drug-addicts, replacing incarceration with treatment. Also discusses a Washington DC movement of doctors, policy activists, Congressional members and recovering people advocating new public policy.

CODEPENDENCY: PIECES OF SILENCE (Concept Media)**VHS**

Narrated by nationally known author and psychologist Robert Subby, this is his personal story of being raised in a family suffering from the effects of an alcoholic parent. Also includes poignant interviews with family members, illustrating the pain, guilt, and frustration of being part of a dysfunctional home.

56 Minutes

CO-DEPENDENCY TERRY KELLOGG SERIES (Family Recovery Inc.)**VHS****FAMILY ROLES**

Discusses roles that family members are assigned in order to meet the needs and stay within the rigid rules of the dysfunctional family system.

VICTIMIZATION: ROLES AND RECOVERY

77 Minutes

Discussion on victim, offender, and collusive roles that occur in dysfunctional families supporting and continuing violence and the violation of boundaries.

MY MOTHER, MY FATHER, MY SELF: ISSUES IN FAMILIES

Discussion on inappropriate bonding in dysfunctional families and the affect on intimacy in future relationships. Recovery involves recognition of the abuse, rebuilding boundaries and setting limits.

SHAME AND RECOVERY

Discussion on shame, one of the biggest blocks to recovery. It is the sense of our own worthlessness, our flawed and damaged integrity.

BROKEN TOYS: INNER CHILD RESPONDS TO THE DYSFUNCTIONAL FAMILY

111 Minutes

Sexual, emotional, and/or physical abuse in childhood require a response that is carried into adulthood. Behavior is about what happened to us and not who we are.

CRYSTAL DARKNESS (ORIGINAL AND OKLAHOMA VERSION)

Crystal Darkness is a 30 minute gripping documentary underscoring the frightening truth about Meth's devastating attack on our youths and their families.

DICK & JANE: A STORY OF DRUG ABUSE (OG& E)**VHS**

Comprehensive, understandable and humorous video originally developed by an occupational health consultant for schools. A dynamic explanation of the results of substance abuse, as described and witnessed by a clinical toxicologist in Freeport, TX. Narrator includes poignant stories and graphic descriptions vividly describing the hazards of substance abuse as viewed from inside an emergency room.

55 minutes

DISEASE OF ALCOHOLISM: Part 1 (Gary Whiteaker Corporation)**VHS**

Dr. David Ohlms clearly and cogently explains why medicine considers alcoholism a disease. Contains startling and convincing information on the genetic and physiological aspects of alcohol addiction.

28 Minutes

DISEASE CONCEPT OF ALCOHOLISM: Part 2 (Gary Whiteaker Corporation)

35 Minutes

Details the irreversibly progressive nature of alcoholism. Explains the criteria necessary for the scientific community to define alcoholism as a disease. Denounces our "national disgrace": that 96% of alcoholics die in violent traumatic accidents, having received medical treatment for their symptoms, not the disease.

DRUGS AND THE BRAIN (Films for Humanities and Sciences) **DVD**
Each DVD demonstrates the elaborate dangerous ways in which various drugs alter brain chemistry using scientific histories and case studies. 52 Minutes each

CANNABIS
DESIGNER DRUGS
LEGAL DRUGS
PAINKELLERS
STIMULANTS

DRUGS AND THE DEVELOPING BRAIN **DVD**
The Science behind Young People's Substance Use

DUI – DEAD IN 5 SECONDS (2000, Goldhil Home Media) **VHS**
Packs a punch! Tells of a student whose drug use killed him. Includes a teaching module. 18 Minutes
Teens and up

ELEPHANT IN THE LIVING ROOM (FMS Production) **VHS**
Dramatization of denial and secrecy that pervades life in an alcoholic home or any dysfunctional family. Promotes awareness and courage necessary to expose the "elephant" on addiction in our living rooms and expels the no talk rules. Great catalyst for discussion with co-dependents, adult children of alcoholics, children of trauma and addicts as it focuses on issues that confront each member of a family. 25 Minutes

EVERYONE'S NOT DOING IT! AN ALCOHOL PREVENTION VIDEO & GUIDE (Hazelden) **DVD**
Learn about the risks that alcohol use poses on bodies, minds and social lives. 15 Minutes
This video challenges teens to think in new ways about what they hear, and to make their own decisions. Teens

FAMILY BAGGAGE (Creative Recovery) **VHS**
Written and performed by Errol Strider and Lou Montgomery, this outrageous series of Tragic -comedy vignettes explores the mania and pathos of modern relationships as they are affected by growing up in addictive, dysfunctional, or otherwise nutso families. A moment in time of heart-felt hilarity, compassion and absurdity. Since it covers such a broad range of human behaviors it is recommended that the various vignettes are used as independent segments. This allows time to deal with the issues and emotions that the viewing audience will experience during each segment.

Vignettes:
What is Codependency? (4 to 15 Minute Vignettes)
Birth Order,
I Tried So Hard,
I'm Fine

FETAL ALCOHOL SYNDROME AND OTHER DRUG USE IN PREGNANCY (FHS) **DVD**
This video profiles an 8-year old boy with FAS, describing common birth defects, learning disabilities, mental handicaps and behavioral problems typically associated with the disorder. The program also examines babies born to cocaine-addicted mother, illustrating how the drug affects the fetus causing low birth weight, impaired brain growth and malformed kidneys and genitals. 19 Minutes

HONOR OF ALL: A THREE PART SERIES, THE (Phil Lucas Productions, Inc.) **VHS**
This heart-warming docudrama captures the amazing, real life story of the Alkali Indian Band's heroic struggle to overcome its widespread alcoholism. The people tell the story in their own words and portray

themselves in this video depicting the tribe's gradual slide into alcoholism beginning in 1940.

THE HONOR OF ALL (Part 1) Recreates the story of the band's struggle to overcome and conquer its alcoholism. It dramatically portrays the painfully slow, often lonely, but ultimately rewarding road back to sobriety.	56 Minutes
THE HONOR OF ALL (Part 2) Outlines the community development process that occurred at Alkali Lake, B.C., as it moved from alcoholism to sobriety. Various members of the band discussed what it was like and what it's like now.	43 Minutes
THE HONOR OF ALL (Part 3) Expands on the theme of community development and personal growth seen in parts one and two.	26 Minutes

HUMOR IN RECOVERY (Kelly Productions, Inc.) Father Martin, a stand-up comedian, presents a lighter side of addiction with jokes and his best stories.	VHS 55 Minutes
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I DON'T HAVE A PROBLEM! THE PATH OF ADDICTION For grades 7-12. Educational Video. Helps young people gain insight into the process of addiction by showing the story of a teenager whose life becomes shattered by drugs.	DVD and VHS 28 Minutes
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IMPACT: DRIVING DRUNK, DRIVING HIGH (AIMS Multi Media) This hard hitting video illustrates the impact driving under the influence of alcohol or other drugs has on society and the effects of alcohol and prescription drugs on a driver's judgment and motor skills, and conveys the unending trauma caused to the families of crash victims. It reinforces the fact that offenders can't go back and change what they did. A law enforcement officer discusses DUI-related collisions.	VHS 24 Minutes Grades 9 – 12
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IS THERE AN ELEPHANT IN YOUR SANCTUARY? (Interlink Video Productions) Explore how churches can deal constructively with the problem of alcohol and drug dependency within their midst. Can be used for church officers, outreach committee members, support groups and general congregational viewing. Includes additional resources.	VHS 26 Minutes
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"IT'S NOT MY PROBLEM" (Pyramid Film and Video) Many family members and loved ones of newly recovering addicts deny that they also need treatment. For them, this thought-provoking video starring John Bradshaw is an excellent introduction to co-dependency. Uses as a tool for counselors to educate families about the way families get sick and methods of recovery.	VHS 32 Minutes
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IT WON'T HAPPEN TO ME: LEARNING ABOUT ADDICITON For grades 5-9. Educational Video. Teacher's guide and manual.	DVD and VHS 21 Minutes
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KIDS, CHEMICALS, & AMERICA (FMS Productions, Inc.) Filmed in a school setting, Dilbert Boone, a former high school teacher who became addicted to drugs and alcohol and spent time in prison, speaks to young adults about alcohol and drug abuse, how it controls your life. He focuses on giving adolescents the tools to make positive changes in their lives.	VHS 30 Minutes
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LAST CALL: ALCOHOLISM AND CO-DEPENDENCY (Films for the Humanities and Sciences) Effects of alcoholism on both the individual and the family, contrasting an urban and rural home. As other family members seek to cope and prevent the destruction of the family, unhealthy behavioral patterns often emerge: frustration, shame, helplessness, children hiding the problem and creating stresses they carry with them for the rest of their lives.	VHS 24 Minutes
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LIFE, DEATH AND RECOVERY (FMS Productions, Inc.) **VHS**
The disease of alcoholism is progressive and follows a predictable course. Dr. Joseph Pursch assumes the identity of an alcoholic in a corporate/industrial setting. He shows the relationship between the alcoholic and his employer, family and friends, and gives some insight on what can be done to begin recovery. 30 Minutes

LIVING WITH ADDICTION: A FAMILY DISEASE **DVD and VHS**
For Grades 7-12. Educational video. Helps educators work with teens to understand that addiction is a disease they did not cause, cannot control, or cannot cure. Helps teens understand their own risk of becoming a drug or alcohol abuser and to develop healthy coping strategies of becoming a drug or alcohol abuser and to develop healthy coping strategies instead. 23 Minutes

MAKING A KILLING: PHILIP MORRIS, KRAFT AND GLOBAL TOBACCO ADDICTION **VHS**
(Kelly Anderson & Tami Gold, Infact)
Reveals the truth in once-secret corporate documents: how Philip Morris conspired to hook children on tobacco and keep governments from protecting public health. Shows shocking international promotion of cigarettes including free giveaways. Documents show how Philip Morris hides behind Kraft Foods—contributing to political campaigns, lobbying against regulations, and influencing media coverage 29 Minutes

MAKING A SENSE OF ADDICTION (FMS) **DVD**
The psychological and biological elements of the brain help make addiction the trap that it is. Dr. Keppler offers proactive ways to help heal an addicted brain, stressing abstinence and healthy life choices. 34 Minutes

MARIJUANA: What Can a Parent Do? (National Institute on Drug Abuse, 1995) **VHS**
Science-based facts to educate families and the community about the resurgence in marijuana use among youth. Through the experience of real parents and teens it stresses the importance of open dialogue between parents and children. It encourages communication as a strong prevention measure. 14 Minutes

MASQUERADE – Church Edition (Focus on the Family Films) **VHS**
In Masquerade, popular youth speaker Milton Creagh blows the cover off many popular myths, including the “casual user” lie, and exposes the hidden war with drug and alcohol addiction. He doesn’t talk at teens, but speaks to their hearts in a way they can understand—and remember. This 30-minute, dramatic expose of real youth sharing devastating, real life stories is both eye-opening and thought provoking. Includes a discussion guide. 30 Minutes

MASQUERADE – Special T.V. Edition (Focus on the Family Films) **VHS**
Same as above without the influence of church. 30 Minutes

MEDICAL ASPECTS OF CO-DEPENDENCY (FMS Productions) **VHS**
Dr. Max A. Schneider details the nature and scope of co-dependency, giving you hope for recovery. Using computer-generated medical diagrams and interviews with numerous families, Dr. Schneider explains the physical and emotional strains that a drug abuser places on family, friends and co-workers. 28 Minutes

MEDICINE WHEEL AND THE 12 STEPS (Idaho Native American Prisoners) **VHS**
A walk through the 12 Steps according to Native American tradition, culture, and spirituality. Presented in a workshop format, this video includes examples of “how-to” methods for working the steps individually or in a group. Each segment is designed to be paused for group discussion at the end. 245 Minutes

**A Give-Away *The Prophecies
The Four Directions of Growth
Traditional Indian Prayer
The Principle for Step 5: Integrity
A Message to the Younger Brother.**

**Growing Up As an Indian Man
Mind-Mapping-Steps 1 & 2
Taking Inventory-Steps 4 & 5
Environmental Comfort Zones-Steps 6 & 7**

METH EPIDEMIC (PBS Frontline Documentary) **DVD**
The business of buying and selling methamphetamine is largely due to the smuggling of ephedrine (the same chemical used to make cold remedies) to hundreds of illegal methamphetamine labs in the USA. This video exposes the inherent conflict between the illegal drug trade and the legitimate three-billion-dollar cold remedy business. 60 Minutes

MORGAN, BOBBY SERIES: (Local Production)
FREEDOM FROM ADDICTION 36 Minutes
GUILT FREE IN RECOVERY 43 Minutes
YOU ARE NOT YOUR ADDICTION 38 Minutes

MYTHS ABOUT MARIJUANA: (2001, National Youth Anti-Drug) **VHS**
Highlights of the latest research about the drug; features commentary by leading experts about the effects of marijuana on youth, and encourages communities to work together to address teen marijuana use. It empowers communities to challenge the myths, change attitudes and help prevent and reduce youth marijuana use. 7 Minutes

“NORMAL” AMERICAN FAMILY, THE (Whalley & Associates) **VHS**
Describes and demonstrates the various roles that each member play in a dysfunctional family and helps break down the denial barriers which stand in the way of recovery for the whole family. 18 Minutes

NOTHING TO RAVE ABOUT: CLUB DRUGS PREVENTION VIDEO & GUIDE (Hazelden) **DVD**
Testimonials, as well as interviews with an emergency-room doctor, a researcher and a drug enforcement agent, reveal the hidden dangers and expose the popular myths of club drugs. 24 Minutes
2 DJs provide guidelines for a sober, safe and fun night out. Teens

OLDER ADULTS & ADDICTION (HAZELDEN) **DVD**
As baby boomers reach retirement age, substance abuse among these older adults is on the rise. Besides alcohol abuse, many boomers suffer from illicit drug use. This DVD provides a lively, fun and fast-paced presentation on a topic of growing concern. 40 Minutes
Guide included

PARENTING FOR PREVENTION SERIES: (Johnson Institute) **VHS & DVD**

HOW TO STOP ENABLING AND START EMPOWERING KIDS

This video will help identify parental enabling and how it can hurt your child, some common parental behaviors that lead to enabling and then show by in the same scenario how parents can empower your child.

HOW TO SET LIMITS FOR KIDS

Learn how to set clear, reasonable and age appropriate limits improving trust levels. Learn to set limits in advance and check for compliance and then how to respond when your child tests those limits.

HOW TO ENFORCE CONSEQUENCES WHEN KIDS VIOLATE LIMITS

Helps parent enforce consequences that are reasonable and related to the violation, calmly, respectfully and without anger. Learn what to avoid when enforcing consequences.

**COMMUNICATING: HOW TO CONFRONT KIDS WHEN THEY'RE DOING WRONG:
HOW TO ENCOURAGE KIDS WHEN THEY'RE DOING RIGHT**

Identifies some ineffective communication styles and encourages “active listening” skills. Learn how to confront negative behavior and encourage positive behavior.

HOW TO TEACH KIDS TO HANDLE ANGER WITHOUT VIOLENCE

Demonstrates the ABC method of handling anger: be **A**ware of angry feelings, **B**ack-off and sort out what is really happening. **C**heck out **C**hoices and the **C**onsequences of each choice. **D**ecide and **D**o the safest thing.

HOW TO TEACH KIDS TO RESOLVE CONFLICTS WITHOUT VIOLENCE

Demonstrates the **3 T** method for resolving conflicts.

Think about the conflict. **T**alk about the conflict. **T**ry to work it out.

PARENTS ON HOW TO TALK TO YOUR KIDS ABOUT DRINKING (Family Talk,) **VHS**
Discussion of parenting strategies, a view of the communication guidelines from the youth perspective.

PARENTS – SILENCE CONDONED (Kelly Productions, Inc.) **VHS**
Father Martin, a leading authority in the prevention field, talks to parents about very practical ways they can learn and be involved in the stressors on their children. Plain speaking on alcohol, drugs with parenting skills and tips. 18 Minutes

PARTY'S OVER, THE (Pyramid Film & Video) **VHS**
Thirty million Americans live in a nightmare with someone suffering from drug or alcohol abuse. "You beg, you yell, you hide bottles, you call counselors, you turn your back...and nothing changes." But there is hope. Crisis intervention is a compelling, compassionate process designed to deliver the message to an addicted loved one... "the party's over". This video bears witness to 3 real-life interventions, recreated by the actual families involved. These are not actors, but everyday folks whose lives have changed so powerfully, they call it the single most important event of their lives. 47 Minutes

PATHOLOGICAL GAMBLING: A COSTLY ADDICTION (Films for the Humanities & Sciences) **DVD**
"Making Peace with the Mind" This is a 3-part series of anecdotal case studies and scientific research are blended into a candid analysis of 3 chronic mental disorders: pathological gambling, post-traumatic stress disorder and obsessive-compulsive disorder. 52 Minutes

PLEASURE UNWOVEN: A PERSONAL JOURNEY ABOUT ADDICTION **DVD**
In this high definition video essay, Kevin McCauley explores the arguments for and against this vital debate, reviewing the latest neuroscientific research about addiction along the way. 70 Minutes

POOR JENNIFER. SHE'S ALWAYS LOSING HER HAT (NCADI) **VHS**
Growing up in a family in which a parent suffers from alcoholism can be difficult. This videotape explores the need to help children break the cycle of shame and silence. It is also about recovery and hope. It encourages people to respond appropriately to their special needs. 34 Minutes
Audience is for people working with children.

PRESCRIPTION DRUGS, RECOVERY FROM THE HIDDEN ADDICTION (Hazelden) **DVD**

Part 1- From Medicating the Pain to Addiction 15 Minutes
Learn about combining different prescription drugs- sometimes with alcohol – and the effects on the individual physically, socially, and spiritually.

Part 1- Learning to Cope, Learning to Live 16 Minutes
The challenges and joys of recovery from those who have made the journey and continue it every day.

PRIVATE VICTORIES (U.S. Department of Education, 1989) **VHS**
A video drama emphasizing that young people can achieve private victories by caring about themselves and rejecting drugs. *Private Victories* shows how deciding to avoid drugs can influence friends to do the same. 4 Episodes 29 Minutes
Teens

REALITY FILMS, THE: A FILM SERIES (Johnson Institute) **VHS**
BACK TO REALITY (First in series) 31 Minutes
Designed to be working tools for professionals in the fields of chemical dependency, general health, and human services. Back to Reality's videos will be highly useful to people with alcohol or other drug problems and their families, friends and co-workers; to employees in business and industry; to military personnel, to members of churches to high school and college students.

ENABLING: MASKING REALITY (Second in series) 22 Minutes
Hugh Downs lays it on the line; addiction is everyone's problem, and almost all of us play a role in it through enabling. In this second video in the series, audiences will discover how our normal, healthy social instincts become disturbed by addiction. We see how our attempt to be helpful often enables addicts to escape the consequences of their addiction, reinforcing denial and delusion, and allowing addiction to strengthen its grip.

RECLAIM YOUR FAMILY FROM ADDICTION **DVD**
A video lecture with Craig Nakken. Craig works to help couples and families understand how intimacy was lost to addiction by more importantly how recovery works, how heart wounds healed and hope restored. 84 Minutes

RECOVERY ROULETTE (FMS Productions) **VHS**
A harmless cough syrup, tranquilizer, or sleeping pill can lead to relapse. People in recovery need to know that for them, any mood altering chemical is likely to create a new addiction or lead back to the old one. Humor and a light touch help this animated film tell the story of visitors from a far galaxy discovering and studying the disease of chemical dependency. 22 Minutes

REFLECTIONS FROM THE HEART OF A CHILD (Hazelden) Closed Captioned **VHS**
A powerful, award-winning portrait of parental addiction presented from a child's perspective. Vividly portrays the impact of chemical dependency on the family as three young lives are ravaged by their father's alcoholism and their mother's inability to cope. 32 Minutes

RELAPSE: THE ILLUSION OF IMMUNITY (Claudia Black, Ph.D.) **DVD**
Overview of relapse data and barriers of recovery: Overconfidence, Control, Fear of Feelings and Secrets. 27 Minutes

ROOTS OF ADDICTION: A TWO- PART VIDEO (Edgehill Video) **VHS**
PART ONE: Dr. John Wallace, a leading exponent of the disease model of alcoholism, examines the biophysical nature of the disease bringing these ideas to life with his unique combination of vital information and wit. 55 Minutes
PART TWO: Dr. Wallace continues his lecture series on the new disease model of alcoholism and chemical dependency. In this, he discusses genetics and other key components of addiction. An indispensable companion to Dr. Wallace's opening lecture available in Part One. 58 Minutes

SEE IT, SAY IT: (MIPH) PARENT TO YOUTH: FOR PARENTS Created on 10/9/2008 9:16:00 AM	VHS 13 Minutes
TIME TO TALK: FOR COLLEGE STUDENTS	10 Minutes
WHAT TO SAY: A LESSON - SCHOOL STAFF TO YOUTH	11 Minutes
WHAT WOULD YOU DO?: YOUTH TO YOUTH	10 Minutes
<hr/> “SHAME & ADDICTION” (FMS Productions) This presentation establishes the role of Shame in the addictive person and provides the shame-based individual with guidelines for total recovery. Dealing with shame...is an emotional breakthrough to total recovery and to avoid relapse. When shame is identified and addressed, the transference to other addictions such as sex, food, work, gambling, spending, alcohol and drugs can be avoided!	VHS and DVD 28 Minutes
<hr/> SHATTERED: IF YOUR KID’S ON DRUGS (MCA Home Video) It’s the story of the tragic spell of drugs that strikes two loving families, while looking at the subtle evil of teenage addiction and yet offers hope and the means to stamp out the problem.	VHS 59 Minutes
<hr/> SOBERING FACTS THE RISK OF ALOCHOL USE Comes with a guide. It is directed towards youth.	DVD 11 Minutes
<hr/> STAGES OF FAMILY RECOVERY (Hazelden) This encouraging, empowering video lets families know they are not alone and that recovery is possible.	DVD 36 Minutes
<hr/> STOP THE CHAOS, HOW TO MAKE LIFESTYLE CHANGES TO STRENGTHEN RECOVERY (Hazelden) Learn about the firm footing of new, positive habits and ways of living. Realistic scenarios depict challenges; living environment, friends who use and family.	DVD 32 Minutes
<hr/> STUDENTS, YOUR CHOICE (Kelly Productions, Inc.) Father Martin, a leading authority in the prevention field talks to high school and college students about their personal choice – whether to drink alcohol or not.	VHS 15 Minutes
<hr/> SUBSTANCE ABUSE: ATTENTION TO PREVENTION: FEATURING SLIM GOODBODY (Whalley & Associates) This is an excellent film for children. It does not attempt to scare or frighten, but offers positive values and reasons for not abusing mood-altering chemicals.	VHS 14 Minutes Children
<hr/> SUBSTANCE ABUSE IN THE ELDERLY (Films for the Humanities and Sciences) Faced with complex regimens of medication and diminished tolerances for alcohol, many elderly Americans run the risk of falling into the trap of substance abuse. Senior citizens discuss how they deal with these challenges.	VHS 29 Minutes
<hr/> TEENAGE ALCOHOL ABUSE (Educational Video Network, 1997) Describes the dangers of abusing alcohol by presenting the facts and dispelling the myths, thereby helping teens to make the right choice.	VHS 20 Minutes Ages 10-20

TEEN DRUG ABUSE (Educational Video Network) **VHS**
Many teens will be faced with the question of whether or not to use drugs. Prisoners and young recovering addicts offer a compelling look at the very real dangers that go hand-in-hand with drug abuse. 29 Minutes
Ages 10-20

TEENS, ALCOHOL AND CLUB DRUGS (Educational Video Network) **VHS**
Everyone likes to have fun, but when drugs and alcohol become involved, having fun can become dangerous. Learn about the risks associated with mixing teens, alcohol, and club drugs such as "Ecstasy," "Roofies," and "Special K." 21 Minutes

TRUE FRIENDS (Johnson Institute, 1997) **VHS**
Designed for use in schools, churches, clubs, anywhere that teens gather. Real kids with real drug problems speak from the heart, sending a strong message to other kids. The message is that their friends who use alcohol and other drugs may need their help. Includes a guide. 15 Minutes

TWELVE: IS THERE LIFE AFTER RECOVERY (Jack Sinclair) **DVD**
Unscripted documentary of the struggles of some individuals and their experience with the harsh reality of addiction. 28 Minutes

TWELVE STEPS: THE VIDEO (Gerald T. Rogers Production) **VHS**
Designed to offer general understanding of the Program and its principles as well as to encourage individuals and their families to participate in support groups who embrace the Twelve Step Program. 35 Minutes

VOICES OF EXPERIENCE (National Institute on Alcohol Abuse and Alcoholism) **VHS**
Physicians Enoch Gordis, MD, Hoover Adgar Jr, MD and Douglas G Jacobs, MD discuss signs and symptoms of alcoholism. Indicators like failure to fulfill obligations, use of alcohol in dangerous situations, continued drinking in spite of the problems, drinking more than intended, increasingly larger amounts, withdrawal and drinking to stop withdrawal, unsuccessful efforts to cut down or stop drinking, rationalization and denial, impact on others, stigma, co-occurring disorders, seeking help, treatment and recovery. 25 Minutes

WALKING THROUGH THE FEAR: WOMEN AND SUBSTANCE ABUSE (Cambridge Educational) **DVD**
This program investigates the problems women face when they seek such help, and four women tell what life was like before they sought help and how their lives changed after recovery. 28 Minutes

WHY DON'T THEY JUST QUIT (Changing Lives Foundation) **DVD**
Real life solutions to help you now! Watching a loved one immersed in an intense battle with addiction may be the most difficult experience you will have...this video is packed with solutions that can be used immediately to help guide someone toward recovery. 90 Minutes

WORLD'S MOST DANGEROUS DRUG (National Geographic) **DVD**
Methamphetamine- "meth"- is considered to be one of the hardest drugs to quit. National Geographic correspondent Lisa Ling investigates the meth epidemic to uncover the menace meth poses to society and to find out why many are calling it the World's Most Dangerous Drug 52 Minutes

MOVIES

BILL W. AND DR. BOB (Hazelden) **DVD**
The original off-broadway production. "The play is not only entertaining, it is a powerful portrayal of the start of one of the most remarkable events of all time--- the birth of AA/1" Robert Lindsey. 1:58 Minutes
plus 25 "talk-back" session.

CLEAN AND SOBER (WARNER BROS) Michael Keaton **DVD**

		124 Minutes
DAYS OF WINE AND ROSES	(WARNER BROS) Jack Lemmon	DVD
		117 Minutes
GEORGIA	(Miramax Films) Jennifer Leigh & Mare Winningham	DVD
		118 Minutes
I'M DANCING AS FAST AS I CAN	(Paramount) Jill Clayburgh	DVD
		106 Minutes
MY NAME IS BILL W.	(Warner Bros.)	DVD
	The true story of the founders of Alcoholics Anonymous	99 Minutes
ONLY WHEN I LAUGH	(Columbia Pictures) Marsha Mason & Kristy McNichol	VHS
TRAFFIC	(USA Entertainment) Benicio Del Toro and Michael Douglas	DVD
		147 Minutes
WHEN A MAN LOVES A WOMAN	(Touchstone Pictures) Andy Garcia & Meg Ryan	VHS
28 DAYS	(Columbia Pictures) Sandra Bullock	DVD
		104 Minutes